Session 15

Clinical Research: Overview of Medicinal Cannabis Clinical Trials

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**Director, Enimera RegsPlus** 







#### **Conference & Exhibition**

12, 13 & 14 March 2024 Crown Promenade, Melbourne



Session 15
Clinical Research: Overview of Medicinal Cannabis Clinical Trials

Mary Nteris, PhD

This presentation is a broad overview intended to solely intended to provide a general understanding of the subject matter. Your particular requirements may differ from those presented here. This presentation does not constitute regulatory advice.



Regulatory Challenges --- Confidential ---

#### Methodology

Databases clinicaltrials.gov australianclinicaltrials.gov.au

Search date 28.02.2024 and 13.03.2024 06.03.2024

Intervention cannabis/cannabis derivative

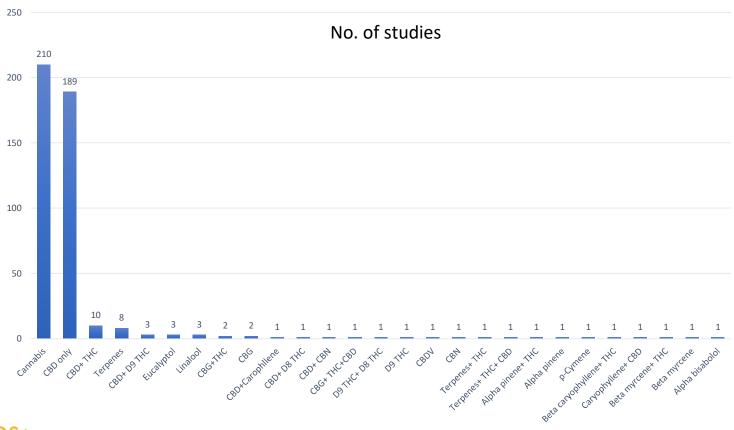
Filters recruiting, not yet recruiting



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#### 1. clinicaltrials.gov

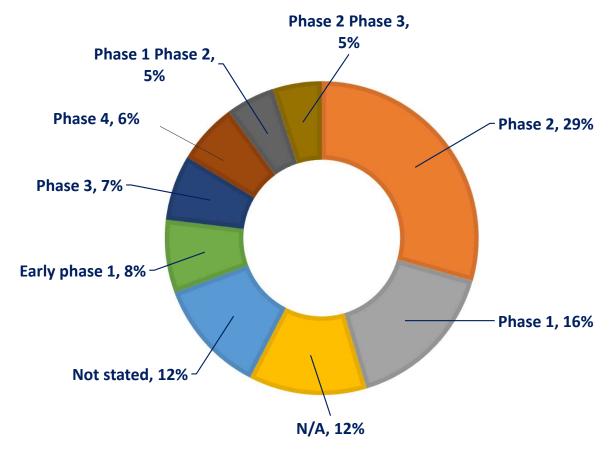
### By intervention



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# By phase

By Phase	No. of studies
Phase 2	70
Phase 1	38
NA	29
Not stated	28
Early phase 1	18
Phase 3	16
Phase 4	15
Phase 1 Phase 2	12
Phase 2 Phase 3	12
Total	238



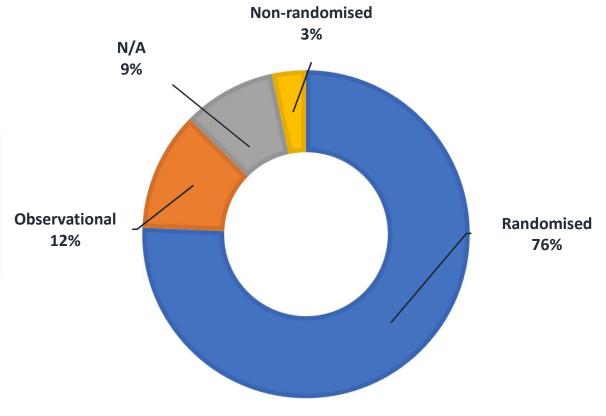
clinicaltrials.gov

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# By trial design

By design	No. of studies
Randomised	180
Observational	28
NA	22
Non-randomised	8.
Total	238



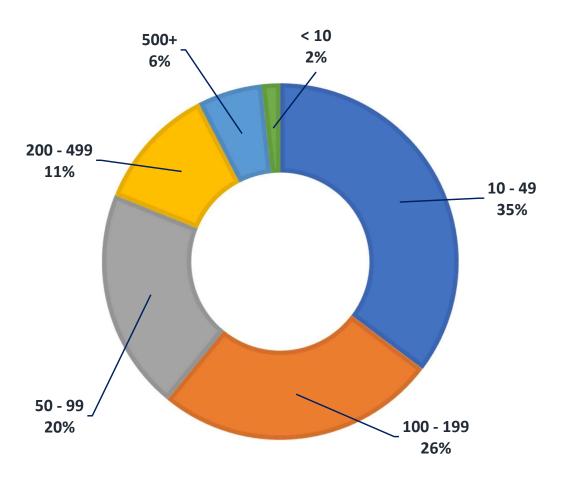


clinicaltrials.gov

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# By no. enrolled

By no. enrolled	No. of studies
10 - 49	84
100 - 199	61
50 - 99	48
200 - 499	27
500+	14
< 10	4.
Total	238



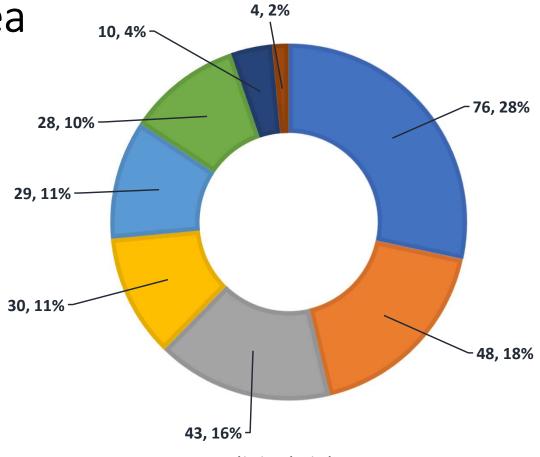
clinicaltrials.gov

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By therapeutic area

By theraeutic area	No. of studies
Other	76
Neurological Disorders	48
Pain Management	43
Substance Use Disorders	30
Oncology	29
Mental Health	28
Healthy	10
Sleep Disorders	4,
Total	268



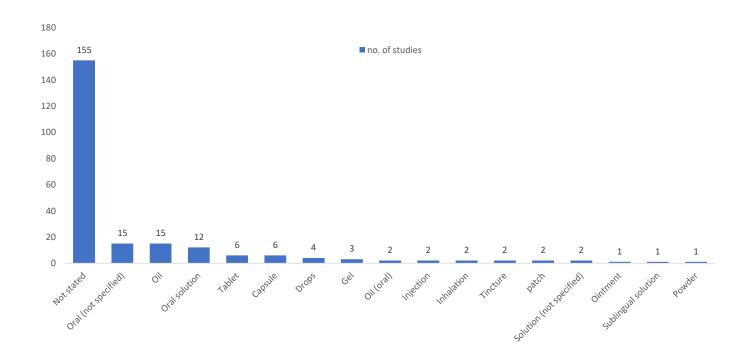


clinicaltrials.gov

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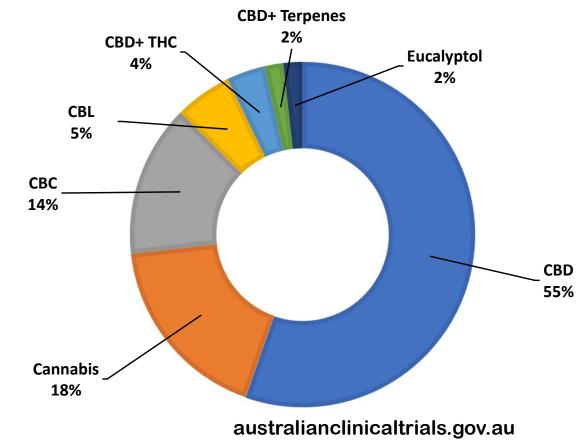
## By dosage form





## By intervention

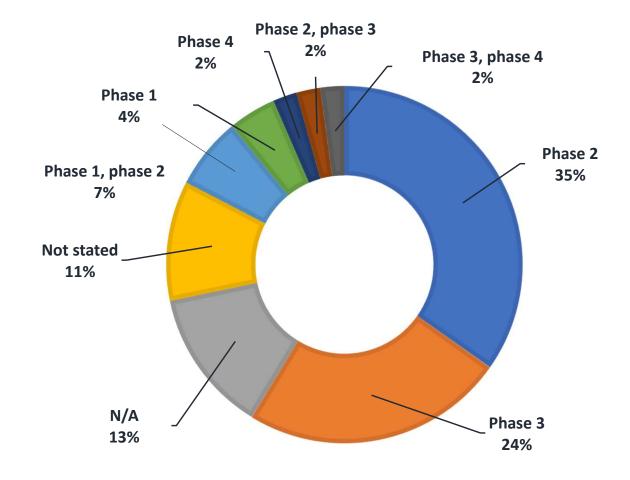
By intervention	No. of studies
CBD	31
Cannabis	10
CBC	8
CBL	3
CBD+ THC	2
CBD+ Terpenes	1
Eucalyptol	1





# By phase

By phase	No. of studies
Phase 2	16
Phase 3	11
N/A	6
Not stated	5
Phase 1, phase 2	3
Phase 1	2
Phase 4	1
Phase 2, phase 3	1
Phase 3, phase 4	1
Total	46



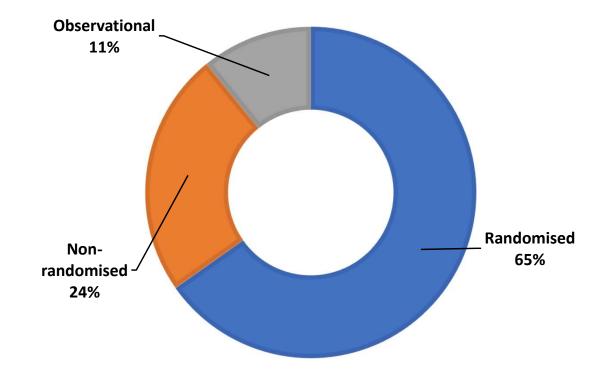


australianclinicaltrials.gov.au

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# By design

By design	No. of studies
Randomised	30
Non-randomised	11
Observational	5
Total	46

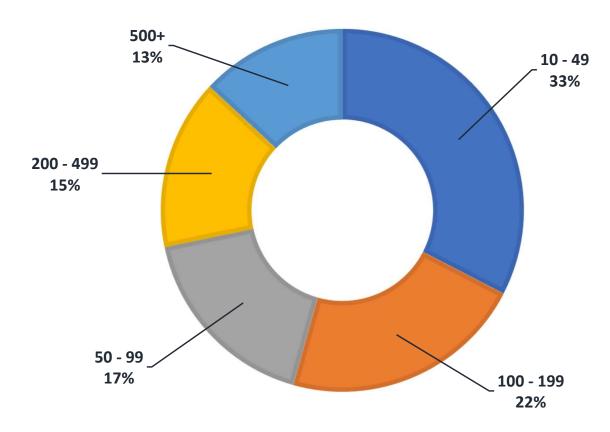




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# By no. enrolled

By no. entrolled	No. of studies
10 - 49	15
100 - 199	10
50 - 99	8
200 - 499	7
500+	6
<10	0
Total	46

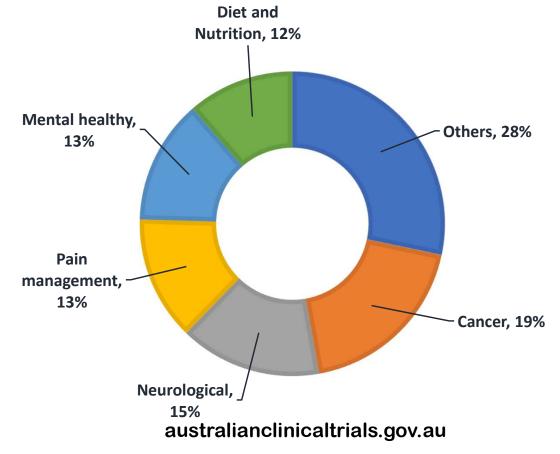


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### By therapeutic area

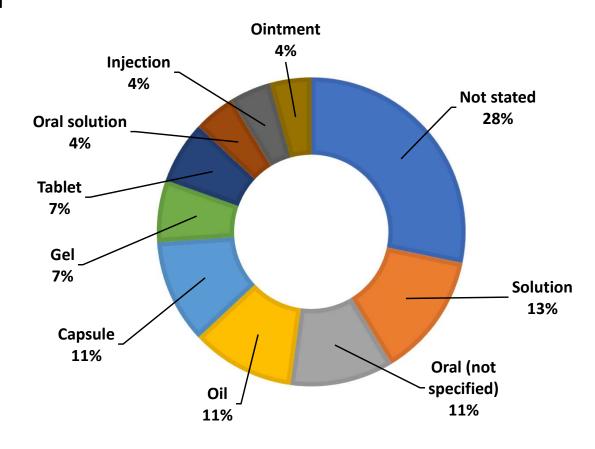
By therapeutic area	No. of studies
Others	15
Cancer	10
Neurological	8
Pain management	7
Mental health	7
Diet and Nutrition	6
Total	53





# By dosage form

By dosage form	No. of studies
Not stated	13
Solution	6
Oral (not specified)	5
Oil	5
Capsule	5
Gel	3
Tablet	3
Oral solution	2
Injection	2
Ointment	2,
Total	46



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#### Summary

- Data limitations
- ~ 5x more trials via clinicaltrials.gov v australianclinicaltrials.gov.au
- Cannabis and CBD are studied more than other cannabis derivatives
- Phase 2 more common than other phases
- Randomised is the most common trial design
- Relatively few 'large' (>200 enrolled) studies
- A range of therapeutic areas is studied





#### Acknowledgement

• Manjoban Buttar, Scientific Affairs Officer (student intern)

